

# A partnership built around one outcome: Agreements that hold after mediation

## For Mediators & Family Law Professionals

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**You help families reach agreements.**

**I help clients stay steady enough to carry them forward.**

When a client is overwhelmed, triggered, or caught in conflict, even a strong mediation can start to lose momentum. I support clients between sessions so they can stay steadier, more focused, and better able to follow through on the plan you've built.

### What this means for you

- Fewer sessions lost to emotional escalation.
- Clients arrive more prepared and present.
- Agreements have a better chance of holding once the meeting ends.
- Better outcomes for the families you serve

### How a Referral Works – three simple steps

1. **You refer:** A brief email or call is enough to begin.
2. **I take it from there:** I manage intake, invoicing, and coaching directly with the client.
3. **Your client returns steadier:** More regulated, more focused and better able to follow through on the agreement you have built.

### What Your Clients Get

*(Direct support to move the case forward)*

- **Mediation Prep:** Short-term support to help clients come in calm, clear, and ready to participate.
- **Parallel Support:** Ongoing coaching for the in-between moments, when texts, triggers, and everyday stress can throw things off course.
- **Focused support:** When a session breaks down so the client can reset and re-engage. Urgent cases prioritized.

## What You Get

*(Professional-to-Professional Strategy)*

- **Case Consultation:** When you need a clinical lens on a high-conflict dynamic or a "stuck" pattern. This is a private strategy session between us to help you navigate the personality or trauma dynamics at play. **The first 20 minutes are complimentary.**
- **Professional Workshops:** Training for your team on high-conflict communication and nervous system regulation. We focus on the "why" behind the behavior so your team can focus on the "how" of the agreement.

## Why Refer?

- No referral fees.
- Clients pay directly — no cost to your practice.
- One simple point of contact.
- The first conversation is complimentary.

## About Djenane

I'm a Registered Social Worker with 20 years of experience in mental health and family systems. I help parents build the internal steadiness they need to hold the agreements you create.

**You build the agreement. I build the capacity to hold it.**

## READY TO REFER?

One email. No paperwork. Just a shared interest in better outcomes for families.

**Reach out:** [djenane@forutothrive.com](mailto:djenane@forutothrive.com)

**Website:** [www.forutothrive.com](http://www.forutothrive.com)

**The first conversation is always on me.**